



SAUNAS

# Vibration Resonance Therapy (VRT)

## Add positive vibrations to heal body and mind

All Jacuzzi® infrared saunas can be upgraded with Vibrational Resonance Therapy (VRT). VRT combines the benefits of sound and vibration to provide an even deeper sense of relaxation. Sold separately to enhance your infrared sauna experience, our VRT modules attach to the bottom of the sauna bench and turns it into a “speaker” which gives you the feeling of a light touch massage. You can operate the VRT using Bluetooth or an AUX connection already installed in the sauna.

### Relaxation from the bottom up

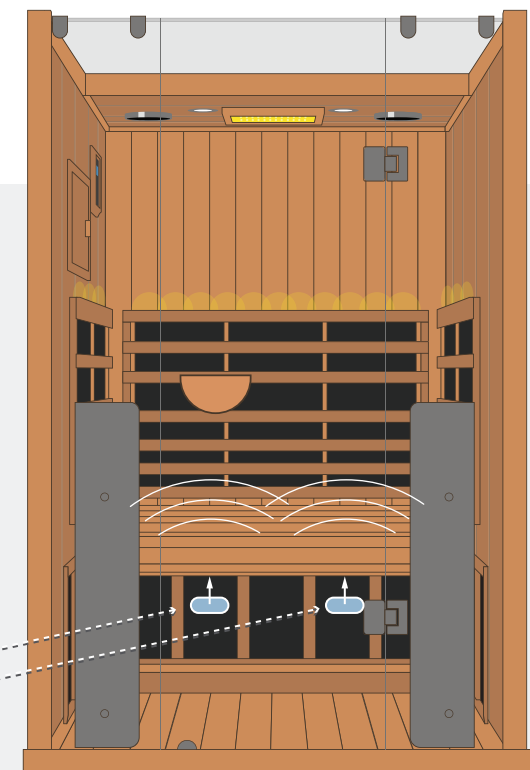
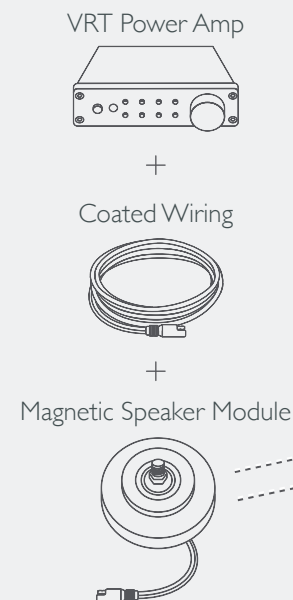
Attached below the sauna bench, our exclusive VRT system amplifies sound and creates gentle vibrations that resonate throughout the body to activate a natural relaxation response. To do this, VRT combines the healing effects of high-quality fidelity components, including magnetically weighted speakers, a Bluetooth powered amplifier, safety-coded circuitry, and secure metal mounts to supply harmonic sound and vibration. It feels like light touch massage during your sauna session. This can have a positive effect on your health, happiness, relationships, performance and overall sense of well-being.

### Harmony from the top down

Jacuzzi® infrared saunas VRT is ergonomically designed to relax your body and calm your mind. Combine this with your favorite choice of rejuvenating music and you're bound to feel revitalized and less distracted. Most often the benefits associated with VRT are relaxation, stress reduction, mental clarity and harmony.

### Breathe easier and feel better

When our body breathes, it is simply more relaxed. That is why VRT is specially designed to give added relief to create a greater sense of well-being. By inducing calm and rhythmic vibrations, VRT enhances your infrared sauna sanctuary for better rest and relaxation.



For more information:  
[infraredsauna.com](http://infraredsauna.com)  
(800) 798-1779

*Vibrational Resonance Therapy (VRT) allows the body and mind to experience another healing sensation which is physically, mentally and emotionally beneficial.*